



OTARG NEWSLETTER

(Occupational Therapy Africa Regional Group)

November 2013

8th OTARG CONGRESS
ZIMBABWE 2013



PROMOTING OCCUPATIONAL THERAPY IN AFRICA



MEMBER COUNTRIES

Botswana
Ethiopia
Ghana
Kenya
Malawi
Mauritius
Namibia
Nigeria
Rwanda
Seychelles
Sierra Leone
South Africa
Tanzania
Togo
Uganda
Zambia
Zimbabwe

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OFFICE BEARERS 2013 - 2015

Chairperson:
Sarah Matovu,
Uganda

Vice Chairperson:
Justice Mackenzi Nthitu, Botswana

Secretary
Patricia de Witt,
South Africa
patricia.de.Witt@wits.ac.za

Treasurer
Fasloen Adams South Africa
fasloen.adams@wits.ac.za

Member at large / WFOT
representative to OTARG
Albert Pascal,
Tanzania

Student Representative
Avril Mazorodze,
Zimbabwe

Website:
Vivyan Alers,
South Africa
Vivyan.alers@gmail.com

HERE WE GO



ZIMBABWE 2013

8th OTARG CONGRESS
ZIMBABWE 2013
PROMOTING OCCUPATIONAL THERAPY IN AFRICA



Dates: 19 to 23 AUGUST
Venue: MONOMOTAPA CROWNE PLAZA HOTEL HARARE



O.T.A.R.G CONGRESS 2013

SPECIAL EDITION



Editorial

The purpose of the newsletter is to keep O.T.A.R.G friends and family updated on the events happening in the family's life and keeps the spirit of oneness alive across the miles. As 2013 comes to an end, the holidays are a good time to tell about your experiences from the past year, and express warm wishes for the year to come.

This is OTARG'S last Newsletter of 2013, but a start to many more Newsletters under a new editorial team.

Many thanks and great appreciation goes to an icon in Occupational Therapy as a profession and in many people's lives, a living legend, a mother, grandmother, friend, sister but most of all a great author Dr. Rosemary Crouch who has been the editor of this Newsletter for a while giving us the most wonderful information in it. She has passed on the baton stick, please read every word in this and all the other newsletters to come, in her honour and for your own benefit!

I find so much pleasure being able to send out to you this Newsletter containing a full report from the 8th Occupational Therapy African Regional Group (O.T.A.R.G) Congress held in Harare, Zimbabwe, from 19th to the 23rd August 2013.

As said in the last Newsletter these Congresses of OTARG keep the whole organisation together and have assumed enormous importance for the region. This year's congress managed to connect people as people, not just as Therapists or students, to prove that we are all truly ONE, no race, no colour, no age, importantly because one is who he/she is because of the person next to them.

Running with a theme titled 'Promoting Occupational Therapy in Africa' and a logo with a butterfly coming out of a cocoon, this congress saw Occupational Therapy being set free to fly into the African Continent. People left the congress all fired-up to let the profession expand and assist the millions of people who need Occupational Therapy services in Africa.

In this edition you will find not just a report on the congress, but the minutes to the biennial meeting, and students' perspectives of the congress.

Tatenda John Maphosa

Editor

8th O.T.A.R.G Congress Feedback

The 8th O.T.A.R.G Congress has come and gone, but it would not have happened without the planning. Planning for the congress began in September 2011, the very month that it was announced that Zimbabwe would host the next congress after Zambia. Tecla Mlambo took charge of the Congress organizing committee with The O.T.A.R.G Committee at the heart of all the organization and planning. She managed to rally up Zimbabwean Occupational therapists and Occupational therapy students to engage fully in the organization of the congress.



Tecla Mlambo
The 8th O.T.A.R.G
Congress Organizing
Committee
Chairperson

The Organizing committee was divided into smaller committees that would target specific issues related to the congress. These committees included a scientific committee, Hospitality committee, a logistics committee, a fundraising and publicity committee. The composition of these committees expanded to include other therapists from outside Zimbabwe especially in the scientific, fundraising and the logistics committees.

The Government of Zimbabwe through the Ministry of Health, Rehabilitation department led by Mrs Cecilia Nleya, was very pivotal, influential and resourceful in the organization of the congress.

The participation of the Zimbabwean students led by Tatenda John Maphosa (the then O.T.A.R.G Student rep) and Marthina Booyesen (University of Zimbabwe O.T student rep), cannot be appreciated enough.



Marthina
Booyesen
Zimbabwe O.T
student rep

A three day pre-congress workshop was conducted at Ruwa Rehabilitation Center in Harare, from the 15th to the 17th of August. The main congress then started on the 19th of August till the 23rd.

Delegates who attended the congress managed to secure a comfortable stay with the assistance of the hospitality committee led by Alice Moyo. The committee also assisted delegates who wanted to tour Zimbabwe. There was no time allocated for tours on the congress timetable, but a hospitality touring and activities program ran concurrently with the congress timetable. Places visited in Harare included the famous Mbare Township, the balancing rocks, Haka Game Park, Lion and Cheetah Park, amongst others. Other delegates prolonged their stay in Zimbabwe after the congress, so as to visit and tour the country. The committee also managed to organize a congress dinner at a local restaurant serving African traditional meals.



Alice Moyo
The congress's
hospitality committee
chairperson

The scientific committee called for abstracts, reviewed and approved those which were presented at the congress. Many thanks goes to the members of the scientific committee that included Naidoo Pragashnie, De Jong JoCelene, McIntyre June, Mthembu Thuli, Fewster Debbie, Soeker Shaheed, Christopher Chantal, Lisa Wegner, Naidoo Deshni, De Witt Pat, Rencken Gina, Franzen Denise, Gurayah Thavanesi and Jacobs-Nzuzi Lee-Ann, together with the O.T.A.R.G Executive and Tecla Mlambo's team.

The committee managed to come up with the theme for the congress, which was "Promoting Occupational Therapy in Africa". They came up with concept for the congress logo and gratitude is given to Tatenda Maphosa who put translated the concept into a logo. The logo shows a beautiful butterfly coming out of a cocoon to be free to fly anywhere. It resembles the Occupational Therapy profession being released into the African continent as a whole, building onto the previous congress's theme of "Expanding horizons: Occupational Therapy for a developing world."

3 keynote speakers were selected, and the following keynotes were made:

- Elelwani Ramugondo, PhD, Associate Professor - “We Play and We Dance: Occupation and Humans as Subjects”
- Fasloen Adams, PhD student – Collective occupations: Indigenously African
- Lana van Niekerk, PhD, Professor – A focus on occupational opportunities.

Elelwani’s keynote gave an oversight in that human beings are occupational beings and that creativity is inherent to their nature. She also alluded to the benefits of such to spiritual health and emotional wellbeing. The keynote could not be more befitting as a group of primary school children from Masaisai Primary School in Harare, gave a practical meaning to her presentation. The children gave a great performance playing the marimba instruments.

Fasloen’s keynote was emotional and connected with that part of every individual that is driven by the compassion of fellow human beings and throughout her presentation tears could be on the cheeks of the audience. She gave each individual at the congress a chance to connect with the next person in an “I am” session. Without consideration of gender, race or creed, all the participants felt closer together and collectively a part of something greater than personal ambition.

Lana’s keynote was insightful and really opened up the mind, for one to think of their occupational opportunities. She managed to link her topic to introduce Capetown as the venue for the 2018 W.F.O.T Congress, this becomes an occupational opportunity for Africa as a whole as we seek to promote and expand Occupational therapy in the continent.

Fundraising for the congress and congress resources was done at various levels in various areas. Overseeing proceedings was the O.T.A.R.G Executive in collaboration with the fundraising committee. A report on the financial issues is attached in the newsletter.

The sale of the OTARG book “Occupational Therapy: An African Perspective”, generated funds for 2 bursaries for occupational therapists to attend the 2013 OTARG Congress. The two recipients were Eratus Shuma from Kenya and Titi Titus Mwanjabe from Malawi

Mwanjabe from Malawi.



Masaisai Primary School Children Playing the Marimba instruments at the official opening of the congress



Fasloen Adams conducts the 'I am...' session during her keynote presentation



The two recipients of the OTARG Bursaries, Eratus Shuma from Kenya and Titi Titus Mwanjabe from Malawi with the holders of the Crouch Trust, Vivyan Alers and Rosemary Crouch

Biennial General Meeting

MINUTES OF THE BIENNIAL GENERAL MEETING OF OTARG HELD ON WEDNESDAY 29TH AUGUST 2013 IN THE GREAT INDABA HALL AT THE MONOMOTAPA CROWNE PLAZA IN HARARE, ZIMBABWE

1. Welcome

The Chairperson, Sarah Matovu, welcomed all delegates and observers.

2. Apologies

Mr. Justice Mc Kenzie (Botswana)

3. Present

Name	Country	Office
Rosemary Crouch	South Africa	Newsletter
Sharon Brintnell	Canada	WFOT President
Tatenda Maphosa	Zimbabwe	Student representative
Fasloen Adams	South Africa	Treasurer
Pat de Witt	South Africa	Secretary
Helen Buchanan	South Africa	President
Matumo Ramafikeng	Lesotho	Delegate
Tongai Chichaya	Namibia	Delegate
Titi Mwanjabe	Malawi	Delegate
Rosemary Mbaulle	Tanzania	President of Tanzanian Association
Erastus Shuma	Kenya	WFOT delegate
Ekan Francis	Uganda	President of Ugandan Association
Rozenn Botokro	Togo	Representative
Alice Mayo	Zimbabwe	Delegate
Eckiwe Kamanga	Zambia	Delegate
Vivyan Alers	South Africa	Web page
Sarah Matovu	Uganda	Chairperson/OTARG President

4. Corrections and approval of minutes of the previous meeting held in Livingston Zambia:13th September 2011

Minutes of the previous meeting were available to all members on the OTARG website and they were also circulated in the congress bags.

Minutes of the previous meeting were taken as read. There were no corrections to the previous minutes. The minutes were proposed by Rosemary Crouch and seconded by Sharon Brintnell.

5. Additional items and approval of the Agenda

Agenda was approved with the addition of two additional items.

- Research under the auspices of OTARG.
- Tributes to OTs who have made an exceptional contribution to OTARG.

6. Reports for the period 2011-2013

6.1 Report of the President



Sarah Matovu
O.T.A.R.G
Chairperson

The O.T.A.R.G President Sarah Matovu presented the report of the activities of OTARG for the past 2 years.

The following matters were raised:

- The Zimbabwean congress committee was commended for their effort and tireless work in organizing the congress.
- The Executive committee was thanked for their contribution to the successful running of OTARG over the past 2 years.
- It was reported that OTARG was now registered as an NPO in South Africa with the Department of Social Development. Vivyan Alers was thanked for all the work done to achieve this.

The Constitution now has to be redrafted to comply with the regulations. The EXCO will work on these changes in the next 6 months. The changes will then be sent to the member countries for comment and approval. This will be electronically and countries will have 3 months to respond.

6.2 Report of the Treasurer



Fasloen Adams
O.T.A.R.G
Treasurer

The Treasurer Fasloen Adams' Financial report is attached to the minutes.

Motion in principle:

It was agreed that the Treasurer investigate and open a bank account with the most competitive charges. Motion was carried.

Signatories

It was agreed that the current Treasurer and Secretary continue to be the signatories to the OTARG account. If a third signatory is required this would be the President.

Financial decisions

These could be proposed and voted on electronically.

Financial security of OTARG

This was discussed as well as the importance of being able to cover costs.

Suggestions were to incentivize membership, investigating sponsorship as well as the forming of a multicultural committee that is good at marketing.

Appointment of an accountant

It was brought to the attention of the President that in light of the OTARG being registered as an NGO we are required to appoint an accountant as audited accounts need to be submitted to the SA Department of Social Development.

It was agreed that the executive committee be give the authority to investigate and appoint an accountant after due diligence.

6.3 Report of the Newsletter Editor



Rosemary Crouch
O.T.A.R.G
Ambassador and
former Newsletter
Editor

Rosemary Crouch reported that there had been three editions of the newsletter in the period 2011 to 2013. The newsletters continue to be translated into French by Rozenn Botokro.

The newsletter and the translations continue to be posted on the OTARG web page and also on the WFOT web page.

The purpose and need for the newsletter was discussed and it was agreed that it should be continued.

Rosemary reported that she would not be available for this position and she was thanked for the work she had done over many years. She has agreed to mentor the new editor of the newsletter.

6.4 Report on the OTARG Web page

Vivyan Alers expressed her thanks to Jenny Cooke the web master. She explained that is a very cost effective web site.

Most of the work has been associated with the 2013 Congress. She requested more photographs for the Gallery.

She reported that the information on the NPO registration will be posted next week and information on the constitutional changes would be put up in due course.

She will investigate an electronic voting system. Samantha Shann reported that WFOT had passed a resolution that each regional group would be given their own page on the WFOT web page which will have a link to the OTARG web site. The OTARG newsletter can also be distributed via this webpage. This is to improve communication and networking. Vivyan was thanked for her work.

6.5 Report of the Student Representative

Tatenda Maphosa presented his report. (See report attached)

He was commended on his achievements in establishing a student organization and in completing a constitution.

The fact that there were so many students at OTARG was attributed to his work.

He was thanked for all his efforts in the past two year and was extended best wishes for the examinations that lay ahead.



Some of the students at the 8th OTARG congress with Tecla Mlambo the congress chairperson

7. Matters arising from the minutes of the previous meeting

7.1 Increase in membership fees for period of 2013-2015.

For the period 2013-2015 the following fees were adopted:

- Individual membership = \$20,
- student membership = \$10
- country membership = \$50

Treasurer reported that the new membership fees agreed to at the previous AGM were now payable.

WFOT Treasurer reported that funds had to be accumulated to pay for the OTARG President to attend the congress.

7.2 WFOT: African Solution Master Plan for education

This was not dealt with at the AGM as the WFOT President had organized a separate event to discuss this.

8. Election of Office bearers for the period 2013-2015

8.1 WFOT President reviewed and managed the voting procedure

8.2 Nominations and voting

- The treasurer's term of office is up but Fasloen Adams has agreed to continue for another two years. This was accepted unanimously.

- The following offices are now vacant:
 - Student Representative

There were two nominees: Avril Mazorodze and Marthina Booyesen (both from Zimbabwe). Avril Mazorodze was appointed.

- Newsletter Editor

There were two nominees: Tatenda Maphosa (Zimbabwe) and Helga Koch (South Africa). Tatenda Maphosa was appointed but it was suggested and agreed that Helga Koch should be the co-editor in light of her experience.

- The new office bearers were congratulated and welcomed to the executive committee.



The O.T.A.R.G. Committee with the W.F.O.T President Sharon Brintnell.. Next to her moving right is:

Tatenda Maphosa (Newsletter), Sarah Matovu (O.T.A.R.G. Chairperson), Vivyan Alyers (Website), Patricia De Witt (Secretary), Fasloen Adams (Treasurer), Avril Mazorodze (Student Representative)

9. OTARG CONGRESSES

9.1 Report on the 2013 Congress

This was not available at the time of the AGM but will be distributed with the AGM minutes after all the congress business had been completed.

9.2 Discussions and proposals for the 2015 Congress

OTARG President outlined the criteria that countries had to meet in order to host the 2015 congress: the city in which the congress is to be held has to be accessible, it must be a transport hub and it must be cost effective and presented with the budget defined by the Treasurer.

Two countries offered to host the congress: Uganda and Kenya.

Uganda won the bid.

Executive committee to draw up Congress Guidelines.

10. Report from the WFOT President



**Sharon Brintnell
W.F.O.T President**

10.1 WFOT President reported that this would be the last OTARG congress she would attend in this capacity.

10.2 She congratulated OTARG on the growth and maturity of the organization and the high caliber of papers that were presented at the congress.

10.3 She reported that WFOT was developing a Mental Health Master Plan which aims to position the profession as a central player in mental health care service delivery. She reported that the document would include a literature review, professional competencies in mental health care and the gap in services that occupational therapy can contribute to. This plan will be implemented by all member countries and regional groups.

10.4 WFOT is about to undertake a major review of the education policies including the Minimum standards and competencies which will address more clearly human rights and health systems policies.

10.5 WFOT has a large vision for the profession which requires strategic planning to position ourselves. This is going to need a lot of work, results based management and projects with plans that can be measured by outcomes and quality.

11. General

11.1 Research under the auspices of OTARG

It was agreed that any research that is undertaken in partnership with OTARG should not commence until the MOU has been agreed to and signed. The MOU should include a statement that OTARG should be acknowledged in all publications.

It was agreed that a letter to be written to Anne Witchger-Hansen explain that the data collection sheets will be collected by the secretary but will

only be forwarded to her once the MOU had been signed.

11.2 Tributes to OTs who have made an exceptional contribution to OTARG.

It was proposed that Occupational therapists who have made a great contribution to Occupational Therapy in Africa should be awarded. The following persons were proposed: Christa Meyer, Alfred Ramukumba and Rosemary Crouch.

It was agreed that the EXCO consider an awards system.

12. CLOSURE

OTARG President thanked everybody for their attendance and closed the meeting.

20th August 2013



**Minutes compiled by
Prof Patricia De Witt
O.T.A.R.G Secretary**

The Student Representative's Report

The participation of Occupational Therapy students in the congresses has been low and could be attributed to two main reasons:

1. Financial constraints in terms of the congress fees, accommodation and transport to and from the congress limited students' participation in the congress - MAINLY
2. There was generally limited knowledge amongst African Occupational Therapy Students about O.T.A.R.G

Since my appointment I have tried to increase the African Occupational Therapy students' knowledge about O.T.A.R.G and tried to unite the students.

Communication has been done virtually through emails, phone calls and texts and through a facebook group called 'Occupational Therapy Students in Africa (O.T.S.A)'. The facebook group was originally created by Kushinga Ryan Maneswa, a former student at the University of Zimbabwe.

Occupational Therapy in Africa was trained in a few institutions mainly 16 at that time (2011), 8 being in South Africa, 2 in Nigeria, and single institutions in Zimbabwe, Tanzania, Uganda, Kenya, Mauritius and Seychelles. Students from these institutions appointed a student representative for O.T.A.R.G student affairs. The appointed members were:

- Annika Hayward
 - University of Stellenbosch, South Africa
 - 15603091@sun.ac.za
- Saffiyya Abed,
 - University of Witwatersrand, South Africa
 - saffiyyaabed@gmail.com
- Naomi Hlongwane
 - University of Limpopo South Africa
 - naomihlongwaneot@gmail.com
- Zamalek Migada
 - Kenya Medical Training College, Kenya
 - migadazamalek@gmail.com
- Marie-Michelle Desaubin
 - National Institute of Health and Social Studies, Seychelles
 - mdesaubin@gmail.com
- Kishan Ramtohol,
 - University of Mauritius,
 - kishan3101@hotmail.com
- Marthina Booysen,
 - University of Zimbabwe,
 - mbooyesen786@gmail.com
- Olatoye Funminiyi
 - Obafemi Awolowo University, Nigeria

- funmihero@yahoo.com
- Tanita M. Smith
 - University of Capetown, South Africa
 - tanitalaurenbell@gmail.com
- Mamame Thabile,
 - University of Kwazulu Natal, South Africa
 - mamane.thabile3@gmail.com
- Edwin Mavindidze
 - University of Zimbabwe

Through these student representatives the formation of an Association for Occupational Therapy Students in Africa is on the cards. A constitution has been drafted and a presentation followed by a discussion on the matter was made and further discussion to be done at the 8th O.T.A.R.G Congress in the presence of Occupational Therapists in Africa, to complete the formation of the Association. More work will still need to be done, and the button stick is to passed on to the next student representative.

The students have also been collaboratively working on a research on 'The State of Occupational Therapy in Africa', in line with the congress theme of the 8th O.T.A.R.G Congress. Some of the Universities have compiled information about their Universities and the programs that they learn and why they learn them. If all the Universities would've compiled the research then probably information would've been disseminated to people and possible lines of research can be developed to expand and promote O.T training in Africa from a students' perspective.

This is all still a work in progress as the O.T.A.R.G itself is still trying to find its feet. Great encouragement though is given to the next student representative to build on to the foundation that has been already laid, to expand the work, bring in new and more innovative ideas, but still maintain the unity that now exists amongst African O.T students, as we are the future therapists. As the congress theme says 'Promoting Occupational Therapy in Africa', promotion begins amongst ourselves

through learning, through research, through collaborative work. As they say 'Rome was not built in day', it will take time but, as we know Rome was eventually built, hence we shall get there, just one step at a time.

Best wishes to my successor, and best wishes to all students, the future of O.T is in our hands let us embrace it.

Tatenda John Maphosa
O.T.A.R.G Student Representative 2011 - 2013

TREASURER'S REPORT

OTARG Budget
April 2011 to March 2013

Income
1 USD = 9.98927 ZAR

ITEM	AMOUNT (USD)
BALANCE BROUGHT FORWARD	4030.16
MEMBERSHIP	182.16
CONGRESS FEES	10 003.17
OTHER	3112.75
TOTAL	17 328.24

EXPENDITURE

ITEM	AMOUNT (USD)
ACCOUNT FEES	272.07
FOREX FEES	217.93
OTHER	9281.02
WEBSITE	626.51
TOTAL	10 397.53

INCOME	17 328.24 USD
EXPENDITURE	10 397.53 USD
RESERVES	6930.71 USD

Congress Income

ITEM	AMOUNT (USD)
CONGRESS FEES: 117people: <ul style="list-style-type: none">• students & therapists & non O.Ts• early Reg and late Reg	20834.32
EXSHIBITIONS	2110
TOTAL	22 944.32

CONGRESS EXPENDITURE

Descriptor	Amount in USD
Bags	1153.75
Banners	300
Writing pads	400
Name tags	120
Congress venue	19635
Splinting	42.43
Congress booklets	353.65
Tags	120
Lunch (student volunteers)	117.9
Transport	180
Airtime	30
Opening ceremony entertainment	350
IT and Lunch	650
Laptop Hire	150
PA System	500
Sundries	50
Total	24152.73

Compiled by Fasloen Adams
O.T.A.R.G Treasurer

My O.T.A.R.G Experience: Student's view

“One of the highlight of my OTARG 2013 congress experience was the opportunity to learn, in person, from Occupational Therapists whose names I had only ever seen as the author of textbooks. I got the chance to interact with them and thus to know and understand better Occupational therapy in our own African context. The congress gave us as students the platform to be involved in the sharing of idea[s] and information and to become part of the development of OT in Africa. I sincerely enjoyed the social interactions.

As an OT student in Zimbabwe, nothing beats the reassurance of being surrounded by so many other students from around Africa and the globe as a whole, coming together with the common interest of our beautiful profession. All-in-all, this experience helped me to expand my mind from thinking of OT inside the box of our own country to realize the potential Africa has to make a mark on the world and the impact each one of us has on our continent.”



**Avril
Mazorodze**

O.T.A.R.G Student Representative 2013 - 2015

“Coming to OTARG as a 4th year student has been a great privilege. OTARG has allowed us to gain a wider perspective of Occupational Therapy and the possibilities that are out there. Being able to participate in the collective occupation events that occurred during the week encouraged my passion for this incredible profession.”



Megan Saunders,
OT student,
University of Kwazulu
Natal,
South Africa.

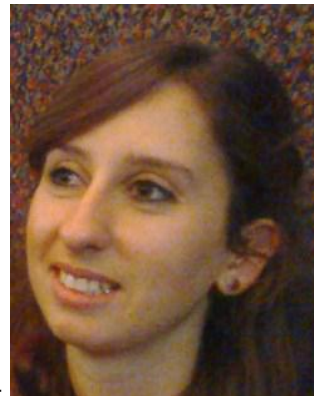
“My experience of the OTARG congress was eye opening and very stimulating and thought provoking. I have had the opportunity to meet various people who have had and still are having an impact on conceptualizing concepts in the profession and ensuring its development world - wide. I am now empowered to go back home in SA and make a difference in increasing the knowledge of the profession and cultivating the mind set of those who are behind me.”



Naomi Hlongwane,
O.T Student Rep,
Medical University of
South Africa
(MEDUNSA)

“I came on this journey not really knowing what to expect. I was very nervous to present at the congress as it was my first time to present at this type of event. Right from the beginning I was amazed and privileged to experience such truly wonderful hospitality and friendliness from the OTs , people and students from Zimbabwe. My experience at this congress has really opened my eyes to the challenges that we are currently facing as Occupational Therapists (students) but mainly the amazing walk towards equity and occupational justice in Africa. This opportunity has given me such hope and inspiration for our future and how far we have come as a profession. I want to thank all the organizers of the congress, my thesis group, o as well as my supervisors. Roshan Galvaan and Liesl, supervisors fall all of their hard work and compassion.

Ndafara kukuzivai- it was wonderful to get to know you all.”



Tanita Smith,
OT Student Rep,
University of
Cape Town,
South Africa

“This week has been an enormous eye opener for me. Being in the presence of so many, OT Gurus has been absolutely incredible. In a week, my mind has been transformed, my dreams for the future have gotten brighter and my passion for this field of study has undergone exponential growth. I am extremely proud to be amongst the student reps from other countries/ universities. The congress has enabled us to put our heads together to plan for future collaborations with the aim of promoting, improving and expanding OT in African Countries. Thank you to all the organizers, students from UZ and the residents of Harare for making this week

memorable and informative. Looking forward to OTARG 2015- UGANDA



Thabile Mamane
O.T Student Rep,
University of
Kwazulu Natal,
South Africa

“Of all the congresses, symposiums and courses that I have attended, none of them have made an impact and influenced my life so much as OTARG has. My career in academia is about to get better and excel in research and teaching as well as learning as a result of OTARG. As a master’s student this gives hope that our profession is growing and this continually proves to me that I haven’t chosen the wrong profession.”



Lebogang Moti,
Lecturer and Master’s student,
Medical University of South
Africa (MEDUNSA),
SouthAfrica

“It has been really interesting to be here. I’ve learned a lot. I have learned how different, but alike O.T is between different cultures and continents. We have different ways of looking at different aspects. It has also been interesting to get to know other O.T students and OTs. Discussing and sharing competence and experiences with others has been a good way to learn and to reflect over how we should approach later. My experience of the congress is really good and I will recommend all students to start going to these congresses. I and my classmates we are already looking forward to the next congress and the world congress in Cape Town 2018”.



Paula Holthe and her classmates
O.T Students from Norway with Tatenda
Maphosa and Thabile Mamane (center)

“ The 2013 OTARG congress was one of a kind; the experience was an eye opener, inspiring and mind blasting. Meeting other students, Lecturers and Occupational Therapists from other countries was a great and encouraging experience. I am looking forward to become a great practitioner and to contribute to the growth of the profession in my country.”



Pascal Ndowa
O.T Student
University of
Zimbabwe

THE CONGRESS IN PICTURES



Contact Our Family

O.T.A.R.G website:
www.otarg.org.za

WFOT website:
www.wfot.org.au

*We are One: I
am because
we are.
Let love lead*

A special message from our family

As the year comes to an end, it is time to reflect upon our achievements and failures, and start to plan and prepare for the coming year.

Let the connection that was built at the O.T.A.R.G Congress prevail, and let love lead. We are one, I am because we are. Together we shall let the beautiful O.T Butterfly fly in the African continent to all areas. Remember 'the ones who need us the most, are the ones who cannot reach us', let this profession continue to lead you to touch people's lives.

**START SAVING
FOR UGANDA
2015 and
W.F.O.T.
SOUTH AFRICA
2018!!!**

**Wishing you happy holidays, a
love-filled and prosperous 2014**

HAPPY NEW YEAR!

HAS COME

AND

GONE

8th OTARG CONGRESS
ZIMBABWE 2013
PROMOTING OCCUPATIONAL THERAPY IN AFRICA

